

## Clinical Learning Guide Choking ( Unconscious adult)

STEP/TASK	AP	IP	NP
<b>First-aid management of choking (adult)</b>			
<b>If the victim is unconscious</b>			
1. IF THE PERSON BECOMES UNCONSCIOUS—call for help if not already done.			
2. Give care for an unconscious choking adult, beginning with looking for an object.			
3. GIVE RESCUE BREATHS If the chest does not rise with rescue breaths Retilt the head and give another rescue breath.			
4. GIVE 30 CHEST COMPRESSIONS If the chest still does not rise, give 30 chest compressions.			
5. Person must be on firm, flat surface. Remove CPR breathing barrier when giving chest compressions			
6. Look for and remove object if seen			
7. GIVE 2 RESCUE BREATHS			
8. IF BREATHS DO NOT MAKE THE CHEST RISE repeat chest compression, look for & remove object if seen & rescue breathing			
9. IF THE CHEST CLEARLY RISES—CHECK for breathing. Give CARE based on conditions found.			

AP = Adequately Performed

IP = In adequately Performed

NP = Not Performed

